United Way Call Center

**DIAL 211**

United Way is a 24-hour information line for housing, healthcare, food, and more.

FOOD INSECURITY

\*\*also provides clothing and shelter.

**The Bulldog Pantry**

2311 E Shaw Ave. Fresno, CA

Food is distributed on designated Saturdays from 9:00 a.m- 10:30 a.m.

**Community Food Bank**

3403 E Central Avenue

Fresno, CA 93725

(559) 237-3663

Or you can also visit the link below to show you the nearest pantry:

<https://ccfoodbank.org/food-locator/>

**Catholic Charities\***

149 N. Fulton Street, Fresno, CA 93721

Street Fresno, CA 93721

(559) 237-0851

Hours: M- F 9am – 12pm & 1pm – 3pm They also offer diapers and food.

Catholic Charities provides emergency food supplies for those with limited resources and information and referral for families seeking shelter. Public and government referrals include: Healthy Families Insurance/Medi-Cal, PG&E Care Program, Universal Lifeline Telephone Service, Pfizer Prescription Drug Program Food Stamp Program

**Ram Pantry**

1101 East University Ave

Fresno, CA 93741

(559) 442-8200

Monday & Thursday 10:00 am - 1:00 pm

& 4:00 pm - 6:00 pm

Tuesday, Wednesday & Friday

10:00 am - 2:00 pm

**Senior Hot Meals & Recreation Program**

770 N. San Pablo

Fresno, CA 93728

(559) 621-6720

Provides free hot meals and recreation activities at 16 sites throughout Fresno.

**Fresno Rescue Mission\*\***

310 G Street

Fresno, CA 93706

(559) 268-0839

http://fresnorescuemission.org

Fresno Rescue Mission provides food, clothing, household goods, and shelter for men, women, youth and families. Also provides spiritual, Christ-centered, support.

**Holy Cross Center for Women\*\***

421 F. Street

Fresno, CA 93706

(559) 237-3379

http://www.samc.com/holy-cross-center-for-women

The Holy Cross Center for Women has been providing a safe haven for poor and homeless women and their children in downtown Fresno. The Center provides food, clothing, laundry and shower facilities, educational and job training assistance, recreational activities and medical services, as well as a peaceful respite from the street. The Holy Cross Center is a day shelter.

**Holy Cross Center at Poverello**

421 F. Street

Fresno, CA 93706

(559) 442-4108

http://www.poverellohouse.org/holycross.html

The Poverello House in downtown Fresno provides free meals to hundreds of homeless people every day. Besides needing food and clothing, many visitors lack basic medical care.

**Poverello House**

412 F Street

Fresno, CA 93706

(559) 498-6988

http://poverellohouse.org/

Poverello House serves Breakfast on Monday – Friday at 8:30 am and Breakfast at 9:00 am on Saturday and Sunday. Serves Lunch at 12:00 pm Monday to Sunday. Provides dinner on Monday to Friday at 5:00 pm. Occasional food distribution. Daytime showers, laundry services, free medical and dental clinics and day shelter.

**Salvation Army**

1752 Fulton

Fresno, CA 93721

(559) 233-0138

http://www.salvationarmyusa.org

Salvation Army provides emergency food (referral once every 4 months); utility assistance for the elderly and handicapped (once every 5 years). Salvation Army is open Monday to Friday 9:00 am – 12:00 pm – 1:00 pm – 3:00 pm.

ELECTRICITY INSECURITY

**PG&E Care Program**

1-800-743-2273

<http://www.pge.com/care/>

The CARE program provides a monthly discount on energy bills for income-qualified households and housing facilities. Qualifications are based on the number of persons living in your home and your total annual household income.

**PG&E FERA**

Pacific Gas and Electric Family Electric Rate Assistance (FERA)

1-800-743-5000

<http://www.pge.com/fera/>

The FERA program provides a monthly discount on electric bills for income-qualified households of three or more persons.

**EOC LIHEAP (Low-Income Home Energy Assistance Program)**

1371 Stanislaus Street

Fresno, CA 93706

(559) 263-1135

http://www.fresnoeoc.org/liheap

Whether there is 48-hour shut off notice or a costly energy bill, EOC's Home Energy Assistance and Energy Crisis Intervention programs (HEAP/ECIP) can assist eligible Fresno County residents annually with a payment toward their PG&E bill; wood, propane, oil, or gas bill; PG&E 48-hour notice, or PG&E shut off. Individual/family must meet the requirement to be able to qualify for assistance.

CLOTHING

**Look above at sites with a \* at the end.**

**Catholic Charities**

(559)- 237 -0851

149 N. Fulton Street, Fresno, CA

hours: M- F 9am – 12pm & 1pm – 3pm They also offer diapers and food.

PET FOOD

**Halo Cafe**

24-hour information line (559) halo-717

email: [info@halocafe.org](mailto:info@halocafe.org)

Website: <http://halocafe.org/Home_Page.html>

Facebook: HaloCafePetFoodPantry

MEDICAL

**Clinica Sierra Vista**

**Elm Community Health Center**

**2740 S. Elm Avenue  
Fresno, CA 93706**

**Phone: (**[559) 457-5200](tel:5594575200)

Monday-Saturday 8:00 am to 7:00 pm

**Services:**

* Walk in clinic
* Behavioral Health
* Pediatric services
* Women’s Health Services
* Dental Services

FRESNO COUNTY DEPARTMENT OF SOCIAL SERVICES

**Has a few locations in which you can apply for SNAP/Food Stamps, Medical, & TANF**

1. [Address](https://www.google.com/search?client=safari&q=fresno+county+social+services+department+address&stick=H4sIAAAAAAAAAOPgE-LWT9c3LElJTjI0M9CSzU620s_JT04syczPgzOsElNSilKLixexGqQB6bx8heT80rySSoXi_OTMxByF4tSisszk1GKFlNSCxKKS3NS8EgWoFgDrMp7SYQAAAA&ludocid=15213000318961534899&sa=X&ved=2ahUKEwjCqfaQ0rjoAhWGvZ4KHV6xDsMQ6BMwBHoECAQQIA): 3151 N Millbrook Ave, Fresno, CA 93703

[Phone](https://www.google.com/search?client=safari&q=fresno+county+social+services+department+phone&ludocid=15213000318961534899&sa=X&ved=2ahUKEwjCqfaQ0rjoAhWGvZ4KHV6xDsMQ6BMwBnoECAQQKw): [(559) 600-9980](https://www.google.com/search?client=safari&rls=en&tbm=lcl&ei=HeN8XpOFCY3k-gTT9IygBQ&q=dss+on+milbrook&oq=dss+on+milbrook&gs_l=psy-ab.3...19551.23022.0.23340.16.14.2.0.0.0.125.819.5j3.8.0....0...1c.1.64.psy-ab..6.10.826...0j0i67k1j0i131i67k1j0i10k1j0i22i30k1j0i22i10i30k1.0.ZxwG6j-p_Es)

1. [Address](https://www.google.com/search?client=safari&q=department+social+services+fresno+address&stick=H4sIAAAAAAAAAOPgE-LRT9c3NDIzLorPKKjSks1OttLPyU9OLMnMz4MzrBJTUopSi4sXsWqmpBYkFpXkpuaVKBTnJ2cm5igUpxaVZSanFiukAZXk5StA1QIAXLytZFsAAAA&ludocid=9322932734835935524&sa=X&ved=2ahUKEwiOlvPq0rjoAhVLsZ4KHeC-AX8Q6BMwBnoECAQQJQ): 4499 E Kings Canyon Rd, Fresno, CA 93702

[Phone](https://www.google.com/search?client=safari&q=department+social+services+fresno+phone&ludocid=9322932734835935524&sa=X&ved=2ahUKEwiOlvPq0rjoAhVLsZ4KHeC-AX8Q6BMwCHoECAQQMA): [(800) 742-1011](https://www.google.com/search?client=safari&rls=en&tbm=lcl&ei=NeN8XsX2K5Ta-gSxhKOwDQ&q=dss+on+CHANGE&oq=dss+on+CHANGE&gs_l=psy-ab.3..0i22i30k1l10.183748.187305.0.187732.18.16.2.0.0.0.115.1514.11j5.16.0....0...1c.1.64.psy-ab..0.18.1521...0j0i22i10i30k1j0i10k1.0.E2FUkaxuBtQ)

1. [Address](https://www.google.com/search?client=safari&q=fresno+county+department+of+social+services+address&stick=H4sIAAAAAAAAAOPgE-LVT9c3NEwuii9Jq6jI0pLNTrbSz8lPTizJzM-DM6wSU1KKUouLF7EapwHpvHyF5PzSvJJKhZTUgsSiktzUvBKF_DSF4vzkzMQcheLUorLM5NRiBaguAEx4F95mAAAA&ludocid=6956880228399127850&sa=X&ved=2ahUKEwjM1Yqn07joAhVXqp4KHdlPB5YQ6BMwBHoECAQQIQ): 5693 E Kings Canyon Rd, Fresno, CA 93727

[Phone](https://www.google.com/search?client=safari&q=fresno+county+department+of+social+services+phone&ludocid=6956880228399127850&sa=X&ved=2ahUKEwjM1Yqn07joAhVXqp4KHdlPB5YQ6BMwBnoECAQQLA): [(559) 600-9980](https://www.google.com/search?client=safari&rls=en&tbm=lcl&ei=NeN8XsX2K5Ta-gSxhKOwDQ&q=dss+on+CHANGE&oq=dss+on+CHANGE&gs_l=psy-ab.3..0i22i30k1l10.183748.187305.0.187732.18.16.2.0.0.0.115.1514.11j5.16.0....0...1c.1.64.psy-ab..0.18.1521...0j0i22i10i30k1j0i10k1.0.E2FUkaxuBtQ)